# ARRL - 142 GHz Award

The ARRL awards the 142 GHz Award to amateurs who submit confirmations for contacts with 5 or more Maidenhead grid squares. The following listing of the VUCC membership contains the call signs and totals as recorded at ARRL HQ today (16 Nov 2026). Awards are NOT activated automatically; participants must apply to have the 142 GHz Award activated when the qualifying number of credits is obtained.

See the ARRL VUCC page for details.

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